

Dear Parents, Friends and Guardians

### Parents and Friends Association News

On Monday evening our P & F Association held their Annual General Meeting in our school staff room. Our president, Anthony Touzell, presented his annual report and our audited financial records from 2011 were tabled by our Treasurer, Richard Treggiden. Our P & F levy for next year was also set at \$160 per family which means that no change was made to this levy. After these formalities the executive positions were declared vacant and elections were held for the new committee. I am pleased to be able to announce that each one of our current executive was re-elected for the coming year. Our committee is then:

President – Anthony Touzell	Vice-President – Quentin McCarthy
Treasurer – Richard Treggiden	Secretary – Genevieve Sly

Our congratulations go to these parents for the wonderful job that they have done over the course of this year and also for their re-election for this year. Our P & F has some exciting things planned for the new year and plans are being made already for these things. Our last meeting for the year is being held on Monday, 12 November, at 7.00pm and all parents are most welcome to come along to this meeting. Drinks and nibbles will be on offer to celebrate the year and to welcome the Christmas season.

### Sacre Coeur School Visit

On next Monday, 22 October, our school community will welcome just under 40 children and staff from Sacre Coeur Catholic Primary School in New Caledonia for their annual Australian trip. The children will be staying with our parents and families and our appreciation is extended to those families who have volunteered to take on this responsibility. From previous experiences our visitors have provided some rewarding and fun times for the billeting families. The children will be joining us for our weekly assembly on Wednesday and also sharing time with our classes during the week here. They will also be visiting the various attractions that the Gold Coast has to offer over the course of the week. We look forward to an exciting week with our French-speaking friends from the Pacific islands.

### Pupil Free Day - Monday, 22 October

This is just a reminder that next Monday is the last of our gazetted Pupil Free days for this year. Our teachers will be involved in professional development activities during the day and as such there will be no classes. Normal school will resume on Tuesday. On Monday we will be working on three areas – Religious Education, Information Technology and Interactive White Boards and spending a session with members of the Queensland Police on Cyber Safety matters.

Our teachers were also involved yesterday afternoon on further professional development activities. This time we joined with our colleagues from St Vincent's Catholic School at Clear Island Waters. The teachers worked on comparing samples of children's work and also work programs for similar year levels. These sessions are very helpful for teachers as they can share best practice ideas with each other and further develop current teaching ideas and strategies.

### Preparatory Classes 2013 Information and Orientation Sessions – Monday & Tuesday, 29 & 30 October

On Monday, 29 October, we will be hosting a parent information evening for all parents of children who will be joining us in 2013 for Prep. The meeting will commence in our Multi-purpose Centre before breaking off into our respective class groups for more specific information relating to the new school year start. Our class lists for 2013 will be displayed for parents to view and then to move to the respective classroom for the teacher's input. This meeting will start at 6.00pm and should be finished by approximately 7.00pm. We would prefer it if children didn't come to this meeting and if at least one parent could make the time as there are often documents passed out with relevant information about starting days and times for the new year.

continued...

## COMING EVENTS

### Wednesday October 17

School Assembly—2M  
School Disco—details inside  
Gold Coast Suns visit

### Friday October 19

Yrs 5—7 Sport

### MONDAY 22 OCTOBER PUPIL FREE DAY

Noumean students arrive

### Wednesday October 24

School Assembly—5M  
Ozanam Villa visit –7R

### Thursday October 25

SEAT Presentation

### Thursday November 22

Yr 3 & 4 Swimming Carnival

### Friday 23rd November

Yr 1 Swimming Carnival

### Thursday 29th November

Swimming Trials Yrs 5,6,7

### Friday 30th NOVEMBER

Yr 2 Swim Carnival

### Wednesday 5 December

LAST DAY FOR TUCKSHOP

### MASS TIMES

#### Children's Mass

8.30am—2nd September

St Benedict's, Mudgeeraba

(Doyle Centre - children read at Mass)

5.30pm 1st Sunday of each month

#### Children's Liturgy of the Word

(Doyle Centre - children are withdrawn

for brief lesson)

10.00am 2nd & 4th Sundays;

5.30pm 3rd Sunday

8.30am each Sunday at St Benedict's,

Mudgeeraba

#### Parish Mass Times

Sat—5.00pm Miami;

6.00pm at Palm Beach;

6.15pm at Burleigh Heads;

Sun-7.00am at Palm Beach &

Burleigh;

8.30am at Mudgeeraba & Miami;

10.00am at Doyle Centre;

5.30pm at Doyle Centre

On Tuesday morning we will host the children in their respective classes from 9.00am til 10.00am. The children can be dropped off to the classes at 9.00am and parents are then free to either join in with a school tour which is led by our Year 7 children or take some time out with tea/coffee in the staff room. This is a good chance to meet new families coming into the school as well. The children will be involved in some simple Prep activities during their time. It is a great way for them to familiarise themselves with their surroundings as well as some of the adults and children they will be experiencing in 2013.

For further information on these meetings please contact our school office.

#### **Use of Adventure Playground Facilities**

I would like to remind our parents and children again of our policy regarding the after school use of our Adventure Playground facilities as there has been a growing number of children spending time on them, often without supervision. These spaces are not to be used after school as there are no teachers rostered on for supervisory duties during this time. Our Outside School Hours Care unit utilises them later in the afternoon but this is done under their supervision. I would ask parents to remind their children of this policy so that we don't have any unfortunate accidents happening.

#### **Traffic Issues with Sunlight Drive/ Reedy Creek Intersection**

There have been a few issues arise with the traffic flowing right from Reedy Creek Road into Sunlight Drive when you come from Burleigh Heads. The intersection has a right-turning lane and a designated arrow for the purpose but this arrow needs to be activated by the front car going as close to the intersection as possible. The arrow is sensor-activated and only comes on when a car drives over the top of the in-ground sensor. Thanks for your helps with this.

Thanks for taking the time to read our newsletter for this week.

Yours in Christ

**Greg Casey**

## **From our Assistant Principal**

I am still contemplating the sentiments of last weekend's parish article by our Pastoral Associate, Sr Pat Tomlinson. I have found myself applying it to many situations since then. Pat quotes Freya Stark:

*There can be no happiness if the things we believe in are different from the things we do.*

Pat applied this to the gospel message (Mk 10: 17 – 30) and this parallel was certainly apt. However I have found myself applying it to many life situations since reading it on Sunday. Not only does it make sense, it provides me with some courage and impetus when energy is waning.

Whilst we can often look to extrinsic experiences for fulfilment, genuine happiness can only be achieved from within. Buddhist monk Matthieu Ricard makes the point that happiness arises from a healthy mind. It is a way of being that pervades all emotional states, and gives us the inner resources to deal with whatever life offers us.

If we believe strongly enough about a matter or experience, then our actions will lead us to encounter what we are seeking. If we allow our actions to deliver experiences which are in conflict with our belief system, then satisfaction and genuine happiness cannot be achieved.

Following this through, happiness is then contingent upon acknowledging and being aware of our beliefs. This would also encompass our values system. It is very easy to get caught up in the trappings of life as we go about accumulating goods and services. However happiness will continue to elude us if we only seek external types of stimulation or acquisition of material resources.

I'm finding Pat's quote quite comforting and rewarding as I go about daily decision making. I think it is worthy of keeping in the foremost of my mind.

Enjoy the rest of the week

**Annette O'Shea**



## **Book Club**

Orders due back

October 24.

No cash or cheques please.

## **Uniform/Bookshop**

2013 Booklists have been sent home and are due for payment by 9 November 2012.

Opening hours Term 4

Mon - Fri 8.10am to 10.30am  
and 2pm - 3.15pm.

The Uniform/Bookshop will be closed  
from 3 December 2012.



The last day for the Pauls Collect-a-Cap will be 31st December 2012.

Please keep sending in your caps until the end of term.



Catholic Missions – Sock It To Poverty!  
You can help children who live in poverty  
to have better lives.

Wear your crazy socks and shoes on  
Thursday 25 October and bring a gold coin donation.

**Catholic Missions Month**

This morning 2M led us in a reflection and prayer to acknowledge Catholic Missions month. The efforts of Catholic Missions focus particularly on 'children helping children' and so we are encouraged to do three things:

- Learn about the lives of others in the world
- Pray for them
- Give resources to enable others to help them in their own community

May God bless us with eyes  
that see the needy in our world.  
May God bless us with courage  
to seek justice and peace.  
May God bless us with generosity  
to share what we have.  
May God bless us with love  
to see Christ in each other.

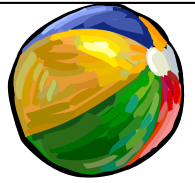
**Mary Amongst Us - Mr Jacobs doing God's work in South Africa**

Mr Jacobs is spending time in South Africa on Long service Leave and recently took time to visit Marymount High School near his old home town. He shared the story of Mary MacKillop with the students there and gave them a framed picture of her.



Enjoy the rest of the week  
**Bernadette Christensen**

# DISCO TONIGHT BEACH THEME



Wear your best beach gear!  
**NO THONGS OR SWIMSUITS PLEASE**  
5.00pm to 6.00pm—Prep to Yr 3 ONLY  
6.30pm to 8.00pm - Yrs 4 to 7

Entry cost \$3

(Parents must collect students at door and we ask that parents be punctual in respecting finishing times)

*Please refrain from sending older children (Years 4-7) to the junior disco with their younger siblings until 6.30 as this creates a supervision and safety concern.*

Chips and drinks are available for purchase at \$1 each

*Disco is strictly for students of Marymount Primary School.*



## 2Y OZANAM VILLA

### VISIT



Last week 2Y went to Ozanam Villa. Christian went around the whole room asking the people if they knew any jokes, but no-one knew any. I read a book to a really cool lady. Another lady gave Mrs Straker a big, sloppy kiss and it was very funny! The lady remembered Mrs Straker from last year. Linda got the last scone, but Tiana would have liked it!

*Nate Wood 2Y*

# Sports News

My name is Sarah Marks, the new senior PE specialist at Marymount Primary School, replacing Paul Hill for Term four. This term students from grades 3-7 will be learning various skills for different sports such as netball, basketball, soccer and touch. So far all students have been a pleasure to teach and the majority show great participation and sportsmanship. This term we also have the grade 1-4 swimming carnivals which will commence in week 7. Further information and notes will be out by the end of this week.

Recently I have received flyers about community based sporting events. One is a triathlon which will be held at The Southport School (TSS) on the 20<sup>th</sup> of October for ages 6-18. The other is a fun run which will be held at the Palm Beach Surf Club on the 3<sup>rd</sup> of November for ages 10-35+. If you require more information, the flyers will be posted up on the notice board outside the library in the year 6/7 area. You can also receive flyers from myself by request.

Have a wonderful week everyone.

**Sarah Marks**  
PE Teacher

## SWIMMING CARNIVALS TERM 4

Thursday 22nd NOVEMBER  
AM — Yr 3 PM — YR 4

Friday 23rd NOVEMBER AM Yr 1

Thursday 29th NOVEMBER  
Swimming Trials Yrs 5,6,7

Friday 30th NOVEMBER AM Yr 2

## After School Tennis Coaching

We are still taking bookings for 4th Term. We are highly motivated and provide a superior coaching service.

We cater for beginner, intermediate and advanced players.

Lessons can be arranged in groups of 4, squad groups or on an individual basis.

### BOOK NOW

Call John Greig on 0417634524 or  
Trish 0439722369



# Tuckshop News

Our new menu is up and running! By end of this week all students will have received their new tuckshop menu. Should you not have one, there are plenty available at the tuckshop.

All meal deals include a piece of fruit and are easy on the purse strings. The bulk of the menu contains fresh and healthy eating choices, whilst including the tuckshop favourites.



New to the menu are the "Smash Potato", "BLT and BLAT". Natural yoghurt is also available to add to fresh fruit salads.

The tuckshop will hold theme days during this term. Please keep your eye on the news letter for details.

I am sure your children will enjoy our new menu and theme days ahead.

### ROSTER FOR NEXT WEEK

Monday.....Pupil Free Day— NO TUCKSHOP

Tuesday 23 October.....Jackie Morrie and Lisa Bruce

Wednesday 24 October.....Catherine Issacs **\*\*\*HELP IS NEEDED THIS DAY PLEASE**

Thursday 25 October.....Sharon Lewer, Sonia and Min

Friday 26 October.....Megan and Sandy Kennedy

## TUCKSHOP VOLUNTEERS NIGHT OUT FRIDAY 16 NOVEMBER @ 8pm JUSTIN LANE, BURLEIGH HEADS

If you have not already put your name on the list in the tuckshop and wish to come please pop in and add your name. Hope to see as many volunteers as possible come along to this fun night.

Enjoy your week

**Vicki Turner**

# Oral Health Care

Students in Years 2A; 2M; 2R and 3P have been provided with an offer of an oral health care pack to take home. The pack includes a Child and Adolescent health Service brochure and an examination card. Please familiarise yourself with the process by reading the information provided.

If your child has not received a pack and you would like to arrange oral health care please contact Oral Health Care Call Centre on 1300 300 850 Monday to Friday between 8.00am and 4.30pm.

If your child requires disability access please inform the operator when you call.

### BURLEIGH HEADS CATHOLIC PARISH

Parish Office Hours 9.00am to 5.00pm

3 Sunlight Drive, Burleigh Waters (Postal PO Box 73, Burleigh Heads)

PHONE: 5576 6317/5576 6466 FAX: 5576 7143

Parish Manager: Mr Jim Littlefield

Parish Pastoral Team

EMAIL: burleigh@bne.catholic.net.au

Parish Pastor: Fr Pat Molony

Associate Pastors: Fr Huong Van Nguyen & Fr Peter Gablonski

Pastoral Associates: Sr Patricia Tomlinson



# TUCKSHOP MENU - Summer 2012 & 2013

## Sandwiches, Rolls, Wraps

White, wholemeal, multigrain

### SANDWICHES & ROLLS

Chicken.....	\$3.00
Chicken & lettuce.....	\$3.00
Chicken & cheese.....	\$3.50
Chicken, cheese & Avo.....	\$4.00
Chicken & salad.....	\$4.00
Tuna.....	\$3.00
Tuna & lettuce.....	\$3.00
Tuna & salad.....	\$4.00
Ham.....	\$3.00
Ham & cheese.....	\$3.50
Ham & tomato.....	\$3.50
Ham & salad.....	\$4.00
Ham, cheese & tomato.....	\$4.00
Egg.....	\$3.00
Egg & lettuce.....	\$3.00
Cheese.....	\$2.00
Cheese & vegemite.....	\$2.50
Vegemite.....	\$2.00
WRAPS.....	add .50c
TOASTED.....	add .50c

## Fruit

Apple.....	\$1.00
Banana.....	\$1.00
Watermelon slice.....	.50c
Fresh salad bowl.....	\$3.50
Add natural yoghurt.....	.50c

PLEASE ENCOURAGE YOUR CHILD TO HAVE  
A PIECE OF FRESH FRUIT EACH DAY.  
Available from 8.20am each day.

## HOT FOOD

Available every day (morning tea and lunch)

Corn cob.....	\$1.50
Chicken coujons (4).....	\$2.50
Chicken snack wrap-chicken coujons, lettuce & mayo in wrap.....	\$3.00
Garlic bread.....	\$1.50
Chicken crackles (4).....	\$3.00
Party pie.....	\$1.50



B.L.T.....lightly toasted turkish bread with bacon, lettuce, tomato	\$4.00
B.L.A.T..lightly toasted turkish bread with bacon, lettuce, avocado, tomato	\$4.50

## Salad Shaker Cups

Large cup filled with fresh salad ingredients.  
All you need to do is add the dressing  
give it a shake and eat!

Caesar salad.....	\$4.50
Garden salad.....	\$4.50
Add chicken, tuna, ham or avocado..	\$1.00

## Cakes, biscuits & muffins

BAKED FRESH DAILY

Cookies, muffins and cakes  
\$1.00

Pikelets 30c

## DAILY SPECIALS

### MONDAY - BURGER DAY

HAWAIIAN BURGER - Chicken schnitzel, pineapple, lettuce & mayo.	\$4.00
CHICKEN BURGER - Chicken schnitzel, lettuce & mayo.	\$4.00
BEEF BURGER - Beef pattie, lettuce, tomato, beetroot & bbq or tomato sauce	\$4.00
MEAL DEAL - Burger, fruit & Jumpys -	\$5.50

### TUESDAY - Smash Potato



Smash Potato - large oven baked potato Your choice of topping bacon/sour cream; bolognaise sauce/cheese; mexican chicken/cheese	\$3.00
MEAL DEAL - Potato, fruit & Jumpys -	\$4.50

### WEDNESDAY - HOT DOGGY DAY

Hot dog with sauce, mustard or cheese	\$2.50
MEAL DEAL - Hot dog, piece of fruit & Jumpys -	\$4.00

### THURSDAY - SUSHI

ASSORTED SUSHI Tuna; avocado & salmon; chicken teriyaki; chicken & avocado; avocado	\$2.60
MEAL DEAL - One sushi, Jumpys and piece of fruit -	\$4.00

### FRIDAY - PIE & PIZZA DAY

Snack pie	\$2.50
Cruiser pie	\$3.50
Sausage roll	\$2.50
Ham & pineapple pizza	\$2.50
Sauce - bbq or tomato	.30c

MEAL DEAL - Pie OR pizza OR sausage roll and piece of fruit & Jumpys - \$4.00

ALL MEAL DEALS include a piece of fruit and a packet of jumpys.

## Drinks

Milk - Calcyum - chocolate or strawberry	\$2.20
Just Juice popper 100% juice 200ml (various flavours)	\$1.50
Water 600ml	\$1.50
Play water	\$1.80
Aroona mineral water (raspberry & apple; orange; lemon/lime)	\$2.00
Up & Go - banana, choc or vanilla	\$2.00

SLUSHIE IS BACK

Kanga Crush \$1.50

# TUCKSHOP MENU - Summer 2012/2013



## Ice creams & Ice blocks

Frozen fruit cups (orange or apple).....	70c
Ice animals.....	30c
Paddle pops.....	\$1.20
Icy twist.....	90c
Callipo.....	80c
Scribbler.....	50c
Slushie.....	\$1.50
Frozen fruit yoghurt.....	\$1.70
Ice Mony (Ice Moo) - TNT/Chocolate/kabluey/lemonade/blackcurrant.....	50c

Ordering MUST be done using lunch bags or lunch wallets.

Please clearly name with the individual child's name and class (one bag per child).

A cost of 20 cents will apply for each lunch bag the tuckshop supplies.

Separate orders would be appreciated if ordering for both breaks.



## Chips & Treats

Jumpys- hot dog, salt & vinegar, chicken, bbq flavoured.....	80c
Red Rock Deli chips - sea salt & honey soy.....	\$1.20
Licorice.....	20c
Red frog.....	10c
Hello pandas.....	80c
Ovalteenies.....	90c
Gingerbread man.....	\$1.20

**Tuckshop is open five days per week  
from 8.20am to 1.30pm.**

We serve fresh fruit, fruit juice and flavoured milk from 8.20am.

Class crates are collected and delivered to the tuckshop.

Morning Tea is collected by students from the tuckshop.

Lunch is returned to class eating area.

Morning Tea may also be purchased over-the-counter.



***If you have any ideas or suggestions  
please feel free to contact  
the Tuckshop convenor on 5520 8413.***